

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Hot Main Dish</b>	<b>Cheese and Tomato Pizza ** with Potato Wedges</b> Simple but classic!	<b>Chinese Chicken Noodles</b> A classic Chinese chicken noodle dish packed with flavour	<b>Roast Gammon with Roast Potatoes and Gravy</b> Traditional Roast dinner	<b>Beef Tortilla Pie with a Rice side **</b> Beef mince layered onto tortilla wraps, stacked, baked and topped with gooey cheese	<b>Fish Fingers *** and Chips</b> A classic fish finger lunch
<b>Alternative Dish</b>	<b>Mexican Bean and Potato Wrap with a Rice side</b> <i>Tortilla wrap stuffed with fajita seasoned beans and cubed potato in a cheesy tomato sauce</i>	<b>Mac 'N' Cheese</b> <i>Pasta spirals in a tasty cheesy sauce</i>	<b>Quorn Roast with Roast Potatoes and Gravy</b> Traditional vegetarian Quorn roast	<b>Veggie Pizza Hot Dog with Potato Wedges</b> Two of the favourites combined...a veggie hot dog covered in a Pizza sauce and melted cheese	<b>Cheese and Sweetcorn Omelette with Chips</b> A baked vegetarian omelette
<b>Vegetables</b>	<b>Broccoli and Cauliflower Medley Green Beans</b>	<b>Peas Carrots</b>	<b>Carrots Cabbage</b>	<b>Sweetcorn Mediterranean Vegetables</b>	<b>Baked Beans Peas</b>
<b>Sandwich</b>	Tuna, cheese or ham	Tuna, cheese or ham	Tuna, cheese or ham	Tuna, cheese or ham	Tuna, cheese or ham
<b>Desserts</b>	Chocolate Slice *	Orange Drizzle Cake	Shortbread Biscuit	Banana and Berry Cobbler * <i>with Custard</i>	Peach and Chocolate Sponge

**Jacket Potato with a selection of fillings available each day**

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

\*Fruit Based \*\*Wholegrain \*\*\*Oily Fish

Dates 4/11 \*\* 25/11 \*\* 16/12 \*\* 20/01 \*\* 10/02 \*\* 9/03 \*\* 30/03



	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Hot Main Dish</b>	<b>Spaghetti Bake</b> A twist on the classic favourite Spaghetti Quorn Bolognese - baked and topped with melted cheese	<b>Chinese Chicken with a Rice side **</b> Zingy Chinese Lemon & Ginger Chicken	<b>Roast Chicken with Roast Potatoes and Gravy</b> <i>A traditional Roast Dinner</i>	<b>BBQ Beef Meatballs</b> Delicious Texan inspired BBQ beef meatballs in a tomato sauce with pasta spirals**	<b>Crispy Fish and Chips</b> A classic fish finger lunch
<b>Alternative Dish</b>	<b>Cheese and Tomato Pizza ** with Potato Wedges</b> Simple but classic!	<b>Chinese Vegetable Noodles **</b> Zingy Lemon vegetable noodles	<b>Sweet Potato and Chickpea Roast with Roast Potatoes &amp; Gravy</b> Vegetarian Roast with a Sweet Potato and Chickpea roast slice	<b>Butternut Squash and Tomato Bake with a Rice side **</b> Veggie, tomato bake topped off with golden bread crumbs for an added crunch	<b>Caramelised Red Onion and Mozzarella Tart with Chips</b> Delicious light vegetarian tart
<b>Vegetables</b>	<b>Sweetcorn Broccoli</b>	<b>Peas Roasted Peppers and Sweetcorn</b>	<b>Roast Parsnip Carrots</b>	<b>Green Beans Broccoli and Cauliflower Medley</b>	<b>Baked Beans Peas</b>
<b>Sandwich</b>	Tuna, cheese or ham	Tuna, cheese or ham	Tuna, cheese or ham	Tuna, cheese or ham	Tuna, cheese or ham
<b>Desserts</b>	<b>Mango Frozen Yoghurt</b>	<b>Plum and Apple Shortcake Crumble* with Custard</b>	<b>Flapjack with Fruit Slices *</b>	<b>Chocolate Cake</b>	<b>Raspberry Yoghurt Cake</b>

**Jacket Potato with a selection of fillings available each day**

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

\*Fruit Based \*\*Wholegrain \*\*\*Oily Fish

Dates: 11/11 \*\* 2/12 \*\* 6/01 \*\* 27/01 \*\* 24/02 \*\* 16/03 \*\*





	Monday	Tuesday	Wednesday	Thursday	Friday
Hot Main Dish	<p><b>Cheese and Tomato Pizza ** with Potato Wedges</b> Simple but classic!</p>	<p><b>Pork Sausages with Mashed Potato and Gravy</b> Simple but classic...sausage and mash</p>	<p><b>Roast Turkey with Roast Potatoes and Gravy</b> Traditional Roast dinner</p>	<p><b>Beef Burger in a Bun with Potato wedges</b> A fun classic</p>	<p><b>Fish Fingers &amp; Chips</b> Traditional fish and chips dinner</p>
Alternative Dish	<p><b>Vegetable Bean Bake with a Rice side **</b> Beans in a tomato, Mediterranean veg sauce</p>	<p><b>Vegetarian Sausages with Mashed Potato and Gravy</b> A classic Quorn sausage and mash</p>	<p><b>Vegetable Pastry Slice with Roast Potatoes and Gravy</b> A tasty mix of vegetables wrapped in delicious puff pastry</p>	<p><b>Mild Sweet Potato Curry with a Rice side **</b> A mild Indian sweet potato and chickpea Tikka Masala</p>	<p><b>Tomato and Quorn Wrap with Chips</b> A filled soft tortilla wrap folded into the shape of a cone</p>
Vegetables	<p><b>Carrots Peas</b></p>	<p><b>Roasted Peppers and Sweetcorn Green Beans</b></p>	<p><b>Cabbage Carrot and Swede Mash</b></p>	<p><b>Broccoli Mediterranean Vegetables</b></p>	<p><b>Peas Baked Beans</b></p>
Sandwich	<p><b>Tuna, cheese or ham</b></p>	<p><b>Tuna, cheese or ham</b></p>	<p><b>Tuna, cheese or ham</b></p>	<p><b>Tuna, cheese or ham</b></p>	<p><b>Tuna, cheese or ham</b></p>
Desserts	<p><b>Creamy Baked Orange and Vanilla Rice Pudding</b></p>	<p><b>Oatie Biscuit with Fruit Slices *</b></p>	<p><b>Strawberry Frozen Yoghurt</b></p>	<p><b>Chocolate and Raspberry Swirl Cake with Custard</b></p>	<p><b>Banana and Cinnamon Cake *</b></p>

**Jacket Potato with a selection of fillings available each day**

Cool Water, Fresh Fruit, Freshly Baked Bread and Yoghurt available daily

Dates: 18/11 **\*Fruit Based** 9/12 **\*\*Wholegrain** 13/01 **\*\*\*Oily Fish** 3/02 **\*\*** 2/03 **\*\*** 23/03

